

## VC AIR UNIVERSITY VISITS FRPMC

### Air Marshal Abdul Moeed inaugurated FRPMC research journal

On Wednesday, August 7, Air Marshal Abdul Moeed Khan, HI(M), Vice Chancellor, Air University, visited Fazaia Ruth Pfau Medical College, Karachi (FRPMC). He visited various departments and he met with faculty members. Professor Masood Ahmed, Principal, FRPMC, gave a detailed presentation on the current status of the college.



...serving the people of this country through meaningful contributions to social welfare. As educator and mentors, you are at the very heart of shaping the future of medicine and the lives of countless patients who will depend on the skills, knowledge, and compassion of the students we train.



### VC stressed upon providing best clinical care at PAF Hospitals

Talking to the faculty, VC stressed upon the importance of social responsibility and accountability. He said, PAF has established medical colleges as part of its commitment to



Emphasizing on the patient care, he said, our hospitals should be best in providing healthcare and promoting wellness. He stressed clinical faculty to play their role in uplifting the hospital services. Vice Chancellor also inaugurated the first issue of FRPMC's journal, Academic Researcher at this occasion. Later, Vice Chancellor visited the ongoing hostel construction site and instructed project director for the timely completion.

## FRPMC SKILLS LAB ATTAINS FACILITY STATUS OF AMERICAN HEART ASSOCIATION

August 26, 2024 — FRPMC clinical skills lab has acquired the status of facility of the American heart association (AHA). "Our trainers are certified by the AHA and are fully qualified to provide training," added Dr. Muhammad Ahmed, Director of the Skills Lab.



He further added that we have signed a MoU with BOSH Medicus for acquiring the AHA center status and likely that, FRPMC skill lab will become



AHA center by August 2025. At this occasion, Dr. Asif of BOSH Medicus was also present.

On October 21, 2024, Dr. Fiza Bint-e-Aslam, an AHA-certified instructor, conducted the inaugural Basic Life Support (BLS) course. The second BLS workshop was held on October 25, 2024, led by Dr. Juvera and Dr. Mina. In total, 20 participants received training during these sessions.

In addition to this initiative, the Department of Clinical Skills has partnered with the First Response Initiative Pakistan (FRIP) to train 200 students in life-saving and emergency skills. Currently, 40 of these students are now qualified as FRIP instructors, providing training across various medical colleges in the city.





# REGISTRAR AIR UNIVERSITY VISITS FRPMC

On August 23, 2024, Registrar Air University Islamabad, Air Cdre (R) Abdul Wahab Motla, visited FRPMC accompanied by several key directors, including Air Cdre (R) Omar Ameen Qazi (Examinations), Air Cdre (R) Ahmed Hassan (Academics), Air Cdre (R) Abdul Hayee (Administration), Ms. Tayyaba Razzaq (Human Resources), Farooq Hassan (IT) and Mr. Imtiaz Haris Hanfi (Finance).



Upon arrival, Principal Prof. Masood Ahmed, Vice Principal M. Ahmed, and General Manager Finance, Air Cdre (Retd.) Hussain Bux Unar warmly welcomed the delegation.

During the visit, the registrar toured the college, engaging with various departments and interacting with faculty members.

He expressed satisfaction with the college's progress and was pleased to see its growth and development.

## FRPMC OPHTHALMOLOGY DEPARTMENT CONDUCTS WORKSHOP IN KAROPHTH 2024

Karachi, August 30 - September 1, 2024 — The Department of Ophthalmology, FRPMC conducts a two-days YAG Laser Iridectomy wet lab at 44th KAROPHTH 2024 Annual Congress held at Karachi. This workshop provided opportunity for post graduate trainees to learn safe & effective technical skills of laser Iridectomy. A large number of PG students and junior consultants attended the workshop.



## WORLD HEPATITIS DAY SEMINAR HELD BY FRPMC Base Commander PAF Base Masroor, Attends as Chief Guest

On July 25, 2024, a seminar was held at PAF Base Masroor to mark World Hepatitis Day, raising awareness on the prevention, treatment, and impact of hepatitis. The event, organized by the Department of Gastroenterology at FRPMC and PAF Hospital Masroor, was attended by healthcare professionals, specialists, and PAF Base Masroor's staff.

Keynote speaker, Dr. Muhammad Kamran, Head of Gastroenterology at FRPMC, highlighted Pakistan's alarming hepatitis C prevalence and stressed the need for mass testing and public awareness. Dr. Wajeeha Ahad discussed the growing threat of fatty liver disease (NAFLD), linking it to diabetes and obesity. A panel discussion addressed the common



myths. The program concluded with the motivating remarks by OC Hospital Masroor Base, Gp Cpt Abdul Fatah, and Base Commander Masroor, Air Cdre Muhammad Umar, SI (M), for organizing this important seminar for public awareness.

## FREE MEDICAL CAMP AT PAF BASE FAISAL

In an admirable initiative, doctors and final-year MBBS students from Fazaia Ruth Pfau Medical College (FRPMC) organized a Community Awareness Program and medical camp at PAF Base Faisal. The event aimed to promote health awareness among the general public, offering free basic laboratory tests, consultations, and essential health services.



Participants were educated on preventive healthcare, while students gained practical experience under the supervision of expert faculty. The camp saw a strong turnout, benefiting from on-the-spot testing and medical advice.





# FRPMC HOSTS FIRST STUDENTS' RESEARCH CONFERENCE

## 16 MEDICAL COLLEGES PARTICIPATE

KARACHI – On August 29, 2024, the auditorium of Fazaia Ruth Pfau Medical College (FRPMC) buzzed with an intellectual energy seldom seen, as the Students' Research Conference unfolded with a sense of quiet purpose. Organized by the Department of Community Medicine, the conference drew students from different corner of Pakistan, including institutions such as Aga Khan University, Dow University of Health Sciences, CMH Lahore Medical College & CMH Quetta Medical College.

### Conference features innovative research in public health, climate change and AI

The theme of this year's conference, "Advancing Healthcare Through Inquiry and Innovation," was reflected in the wide array of research topics presented, which spanned vital areas of public health, infectious diseases, maternal and child health, artificial intelligence in medicine, and climate change.



#### Poster Presentation Winners

**1st Ayesha Khalid**  
Fazaia Ruth Pfau Medical College

**2nd Areeba Khan**  
Karachi Medical & Dental College

#### Oral Presentation Winners

**1st Haider Sohail**  
Fazaia Ruth Pfau Medical College

**2nd Anas Ali**  
Karachi Medical & Dental College



### Dr. Saqib Ansari attends as guest of honour



Speaking at the event, the guest of honour, Dr. Saqib Ansari, praised the students' dedication to advancing healthcare through research. "This is the true picture of Pakistan's potential in healthcare, and we must present this to the world", he said.

FRPMC's Principal, Prof. Masood, also highlighted the importance of such academic initiatives, noting that the conference provided students with invaluable research skills and experience. He added, "The research showcased today is a testament to the talent and innovation within our research scholars, and we are proud to host this platform."

Senior faculty from various medical colleges of Karachi was also invited to witness the students research skills and potential. Prof. Dr. M. Masood Kadir (Aga Khan University), Prof. Dr. Farid Midhet (Bahria University), Prof. Dr. Faridah Amin, Prof. Dr. Kiran Mehtab, Dr. Saima Zainab (Liaquat National College of Medicine & Dentistry), Prof. Dr. Syed M. Mubeen Hamdard University), Prof. Farhat Jafri (Karachi Medical & Dental College), Prof. Imran Shaikh (Ziauddin University),

### Senior medical faculty from various colleges attends the conference



(Prof. Dr. Seema N. Mumtaz, Prof. Dr. Syed Muhammad Maqsood (Al-Tibri Medical College, ISRA University), Prof. Dr. Murad Qadir, Prof. Dr. Muhammad Abdul Azeem (United Medical and Dental College), Prof. Dr. Syed Tafazzul (Jinnah Sindh Medical University) attended the conference as guest.

The conference participant received much appreciation from guests, mentors and attendees for their outstanding work. The best oral and poster presentations collected awards at the end of the conference.



Organizing team from Community Health Sciences with Principal, Prof. Masood Ahmed.



# FACULTY REPRESENTING FRPMC AT INTERNATIONAL PLATFORMS

## PRINCIPAL FRPMC PARTICIPATES IN 21ST CONGRESS OF IFAA AT SOUTH KOREA

Prof. Masood Ahmed participates in the 21st Congress of the International Federation of Associations of Anatomists (IFAA) held at Gwangju, South Korea from September 4 to 8 2024. A huge number of international delegates attended the conference.

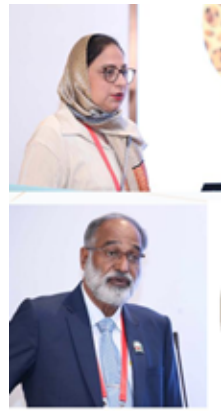
The conference had six plenary sessions and 54 scientific session. More than 200 papers and 1000 posters were presented during the conference.

Prof. Masood was nominated by IFAA as senior mentor for the young emerging Anatomist, mentor mentee session.

He was also invited for the IFAA meeting to elect new president for the next term. Prof Masood also visited the medical school of Ewha Woman University on the invitation of Prof Seung Hu An, President, Korean society of Anatomy.



## FRPMC PARTICIPATION IN 4TH CHINA-PAK CONGRESS - SHINGHAI, 2024



From July 28-30, 2024, Professors Saera Suhail Kidwai and Zahid Akhter Rao represented FRPMC, participating in key discussions on public health as part of an MOU promoting Pak-China medical cooperation. Prof. Zahid, Head of Anaesthesia department, presented crucial data on Post-COVID Syndrome, addressing its prevalence, symptoms, and the need for early management.

Prof. Saera, Head of Medicine, spoke on osteoporosis, stressing its impact on the elderly and advocating for it to be classified as a non-communicable reportable disease.

### DR. SHIREEN ATTENDS HARVARD UNIVERSITY SIMULATION LAB



Dr. Shireen Qassim Bham Head of Pediatric department, FRPMC visited the Simulation Lab at MGH Institute of Health Profession, Harvard University, Boston and attended a demonstration session with Director Simulation Lab MGH IHP Dr. Janice C. Palaganas.

### PROF. SAERA ATTENDS RHEUMATOLOGY CONGRESS AT SINGAPORE



August 21 to 25, 2024 - Prof. Saera Kudwai, FRPMC at the 26th Asia-Pacific League of Associations for Rheumatology (APLAR) Congress, Suntec, Singapore. The event unite world leading experts in rheumatology to share insights and advancements in the treatment of musculoskeletal diseases.

### DR. MAHJABEEN AND DR. ALI ATTEND NEPHROLOGY INTERNATIONAL CONFERENCE AT OMAN



Head of the Department of Nephrology, Dr. Mahjabeen Yaseen and Dr. M. Ali during poster presentation in 2nd OSNT International Nephrology Conference, Salalah 2024.